**Reflection on Sermon**

**Colossians 2:6-15**

**Verses 6-7**

* **As you received the Lord**  — reflect on your experience of coming to Christ. How did He work in your life?What meant the most to you at that time? Did you recognise how your life was changed?
* **So walk in Him**  - meaning to live in Him, to act and behave and desire to think like Him. What are you doing to encourage this in your life?
* **being rooted** - In what ways can you grow deeper in your understanding of the Lord?
* **being built up in Him** - reflect on the past year. What has God been teaching you? In what ways have your grown in your spiritual understanding and behaviour?
* **Established in the faith**  - reflect on the times that you had difficulty and how God helped you during that time.
* **Being taught** - how are you seeking the Lord? What have you learned since the beginning of the year?
* **Thanksgiving**  - spend some time this week, giving thanks to God for all that He has done and ask Him to show you where He has helped you that you might not have even recognised.

**Verses 8-15**

* **Consider the warnings -** in what ways have you been ‘taken captive’ by the culture around us? What has God been showing you about this?
* **Pray** for discernment and wisdom that God may show you where you are not putting Christ first in areas of your life.
* **Protect** yourself by committing to know the Word of God more and more each day, month and year.
* **Acknowledge Jesus** as Lord and King and that He has won the victory over sin and death. He is triumphant. Give all your anxieties to Him.